



LITHUANIAN CUP 2017

WORLD RANKING EVENT - MIDDLE DISTANCE

October 14-15th, 2017
Alytus, Lithuania



Bulletin 3



PIENO ŽVAIGŽDĖS



SUPERLOTO



THERMOWAVE



GRADERLITAS

Padėsime užauginti Jūsų mišką!

BASEINŲ CENTRAS



UAB DIAGNOSTINĖS SISTEMOS

Compeed

R. PAKNIO



LEIDYKLA

Rimas Jovaišas

Organizers

Organizing club	OK Dainava
Event director	Rolandas Juonys
Competitions director	Valdas Lėlius
Main secretary	Kęstutis Jovaišas
Course setter	Donatas Stulgys, Henrikas Paužas
Contact	e-mail: valdas@ststatyba.lt mob: +370 687 55694
Website	http://www.okdainava.lt/category/lt_cup/

Event advisers

IOF Event Adviser Vitalijus Paulauskas (LTU)

Jury

Saulius Kireilis, Eugenijus Mikšys, Aušra Bartkevičienė

Programme

Oct 14th	12 (Noon) Opening ceremony 1.00 PM Middle distance start WRE start window is scheduled between 1.00 PM and 4.00 PM.
Prize giving	4.20 PM Prize giving ceremony for WRE participants
Social event	7:00 PM Social event for participants of Lithuanian Cup 2017
Oct 15th	10.00 AM Middle distance all groups start 11.00 AM M/W21E start in handicap
Prize giving and closing ceremony	2.00 PM Prize giving ceremony for sum of two days. Prizewinners of all groups are awarded with trophies of the competition. Additionally prizewinners of 1-3 places in groups M/W21E and MTBO M/W21E are awarded with cash prizes and in other groups – with prizes established by sponsors.

Event Center (EC)

The EC will be established in adventure park Tarzanija.

Address: Radžiūnų g. 33, Radžiūnų k., Alytaus r.

Coordinates: 54.367857, 24.005392

Tarzanija is located 8 km from Alytus city center, 7 km from the Alytus bus station and about 90 km from Kaunas International Airport (KUN), about 120 km from Vilnius International Airport (VNO) .

From the road, No.132 there will be arrows and markings to the event center.



Classes, Maps and Terrain description

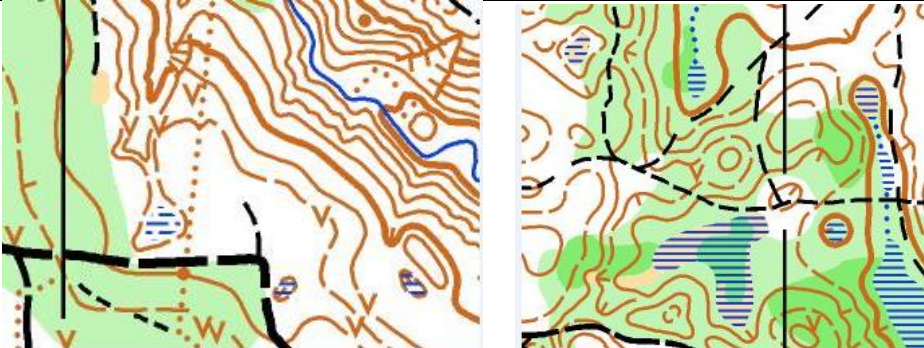
For the Lithuania Cup following classes will be opened: M/W 10, 12, 14, 16, 18, **21E WRE**, 21S (short), 21N (new), 35, 40, 45, 50, 55, 60, 65, 70, 75, 80, Open. MTBO BM/BW 14, 16, E, 40, 50. Participation in Lithuanian Cup is open to all competitors according to their age classes.


M/W21E Oct 14th is **WRE** day. Middle distance M/W21E winning time: 35 minutes

GPS will be used in the event for 12 M21E and 8 W21E athletes. The list of athletes to carry GPS will be published in the event center 2h before start and GPS units must be picked up in start area. Live translation will be available at the event center.

The numbers is given only for M/W21E participants at the start area.



Competition	Race Area	Map	Terrain descriptions
Oct 14 th WRE Middle distance	Vidzgiris	1:10 000, H 5m and 1:7 500, H 5m	Moraine terrain is prevailed, carved by erosive ravines. Maximum slopes up to 60 m. height. Terrain is expressive, enhanced with swamps in different height. Grid of pathways is well developed. Visibility and runnability varies from bad to very good.
			

Oct 15 th Middle distance	Tarzanija/Radžiūnai	1:10 000, H 2,5m And 1:7 500, H 2,5m	Most land surface forms are great. A dense network of roads and paths. Mixed forest with coniferous and deciduous trees. Forest dominated by coniferous trees. Visibility from medium to difficult.
			

Attention! MTBO all groups BM/BW14-50 Oct 14th race area Radžiūnai, Oct 15th race area Vidzgiris

The maps are drawn and printed according to the IOF International Specification for Orienteering Maps ISOM 2000.

Maps makers are R. Jovaišas and A. Paužas. Maps are made in 2017.

The most recent versions of previous orienteering maps of the competition terrains are accessible on the organizer's website http://www.okdainava.lt/category/lt_cup/

Start lists for Lithuanian Cup will be determined randomly by Event program.

For WRE participants the start order is determined strictly by the standing of the IOF Middle/Long Distance World Rankings as published on 12 October 2017 (leader starts last).

Important. Oct 15th M/W21E competitors with the best 1st day result will start as the first and the others will start according to their time delay (chasing start/handicap), the forking will be applied. The end of courses will be set on Vidzgiris map.

SPORTident Air+ punching system for the Lithuania Cup will be used. (Punching units can be rented, 1€ per day).

MTBO all groups BM/BW14-50 riders have mandatory to use Air+ card.



Lietuvos taurė / Lithuanian Cup

Control time 2h.

The distance from event center to the start of the first day is 1,9km, and to the start of the second day is 1,4km. All athletes group M/W21E will run with bibs that will be available in start area. There will be Warm-up map on the way to the start of the first day.

On the first day, the refreshment control will be available for long courses. On the second day, the refreshment point will be available for all classes.

Out-of-bounds areas

There are some areas with forbidden to run. Those areas are marked on the map.



Special objects

Crossing point – through a stream or a ditch (bridge over stream or a ditch).



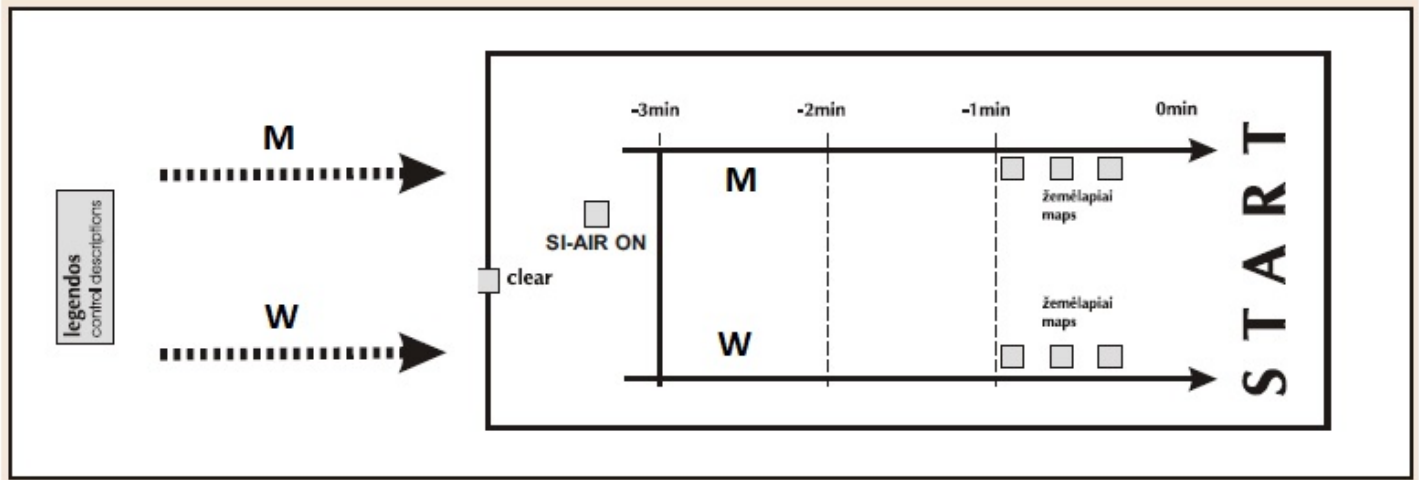
Complaints and protests

Complaints should be handed to the organizer in written form as soon as possible after the incident in question or at latest within 15 minutes of full preliminary results for both classes being posted.

Any protest shall be presented in writing to the jury no later than 15 minutes after the organizer has informed the complainant of the decision about the complaint.



Start scheme



2nd day MW 21E will have separate corridor.

Course data

	Map scale	1 day		2 day	
		KM	KP	KM	KP
M10, W10	1:7 500	1.6	5	1.7	4
M12, W75, W80	1:7 500	2.2	8	2.6	8
M14	1:7 500	4.2	15	3.8	12
W16	1:10 000	4.2	15	3.8	12
M16	1:10 000	5.5	17	4.6	17
M18, M20	1:10 000	7.2	21	5.7	21
M21E	1:10 000	7.2	25	6.9	30
M21N	1:10 000	3.6	11	3.8	12
M21S	1:10 000	5.9	17	5.8	24
M35, M40	1:10 000	7.9	22	6.1	25
M45, M50	1:10 000	6.9	20	5.4	23
M55, M60	1:10 000	5.4	19	4.5	16
M65, M70	1:7 500	5.0	15	3.3	15
M75, M80, W14	1:7 500	3.5	12	2.7	7
OPEN	1:10 000	4.5	13	5.0	19
W12	1:7 500	2.0	7	2.5	7
W18, W20	1:10 000	5.5	16	4.8	18
W21E	1:10 000	5.9	21	6.0	26
W21N	1:10 000	3.0	11	3.4	10
W21S	1:10 000	5.1	12	4.4	16
W35, W40	1:10 000	5.7	16	4.8	18
W45, W50	1:10 000	5.2	16	4.0	16
W55, W60	1:10 000	4.5	16	3.3	15
W65, W70	1:7 500	3.6	15	2.7	7
BM	1:10 000	23	26	23	25
BM40, BM50, BW	1:10 000	17	22	15	20
BM16, BW40, BW50	1:10 000	13	17	10	15
BM14, BW16	1:10 000	7	9	6	8

MW10 group parameter is calculated by marked distance, KP is on marked track. There will be an additional start without start list in the event center. Track cutting is allowed.



Anti doping

Doping is strictly forbidden. "Think positive – test negative"!

The IOF Anti-Doping Code and rules and the World Anti-Doping Code apply as of 1st January 2017.

Event center plan



Social event

Social event for Lithuanian Cup 2017 participants will take place on 14th of October at 7:00 PM at Alytus Culture and Communication Centre, Pramonės str. 1B, Alytus.

Evening programme:

- * SUPERLOTO Master Cup 2017 and Master League 2017 price giving ceremonies;
- * Hot and cold dishes and a glass of wine;
- * Dance and entertainment with the music group Dona from the beginning till the end of the evening.

Come and take your colleagues and friends together!!!!

Tickets for the social event might be purchased from the organizers OC Dainava. Please contact Rima +370 675 37908 or Irena +370 612 55424.

Registration and fees

	M/V 10-20	M/V 21-55, Open	M/V 60-80
Before October 4 nd 23.00	8	18€ for the 2 Days (WRE included) 10€ for WRE only	13
From October 5 nd to October 8 ^h 23.59	12	24€ for the 2 Days (WRE included) 14€ for WRE only	17
Entries after October 9 th (limited vacant places available)	16	36 / 20	26

Vehicle parking fee for event 1 Eur is paid in place.

Registration for Lithuanian Cup:

Event database <https://dbtopas.lt/takas/en/varz/2017024>

For **WRE** participant additional mandatory registration in IOF Eventor

<http://eventor.orienteing.org/Events/Show/5577>

For more information about registration, please contact Kestutis kestutisj@gmail.com

Payment details

The charges might be paid to company below or in Event Centre registration in cash.

Company: Alytaus miesto OS klubas „Dainava“

Company id 191064533

Address: A.Matučio 14, Alytus.

Account Nr. LT547300010002211072

SWIFT HABALT22, SWEDBANK AB

Charges and bank fees are to be paid by the sender/payer.

Accommodation

Hotel „Senas namas“ <http://www.senasnamas.lt/en>

Hotel „Vaidila“ <http://www.vaidila.lt/en/>

Hotel „Odė“ <http://www.ode.lt/en/>

Guest house „Linās“ <http://www.motelislinas.lt/?langid=2>

Country house „Dzūkijos dvaras“ <http://dzukijosdvaras.lt/en/>

Hotel „Dzūkija“ <http://www.hoteldzukija.lt/index.php/en/>



Hotel „Šolena“ <http://solena.lt/en/>

Cheap stay: Alytus Adult and Youth school gym. Miklusėnų g. 36, Alytus. The price is 3 Eur/person. Mats and sleeping bags is required. There are toilets, showers. Places are limited. Contact person: Rima Šimoliūnienė +370 675 37908 (language RU).

Other places in Alytus tourism information center <http://www.alytus-tourism.lt/site/en.html>

Discounts:

Hotel Vaidila and Odė will give 15% discount to participants with code – Orienteering sport.

Hotel Senas namas will give 10% discount to participants with code – Orienteering sport.

Guest house Linas will give discounts for participants with code – Orienteering sport.

Miscellaneous

Visa	Lithuania is a full Schengen member state. The following IOF full member countries require visa to Lithuania: Belarus, China, Colombia, Kazakhstan, Moldova, Mongolia, Russia, South Africa and Turkey. Visas have to be applied for at the nearest Lithuanian embassy. The organizers will assist participants as required to obtain visas. Please make sure that you allow for sufficient time (at least 3 months) for invitation letters and visa processing. Please note that visa regulations are subject to change. Please double-check your specific visa requirements.
Insurance	Competitors take part on their own risk and responsibility. There will be no risk or insurance covered by organizers. Cyclists are responsible of their own and other participants safety, by LOSF, OSKD safety regulations. Registration confirms that participant agrees with terms and conditions above.
Weather	Average temperature is around +7°C http://www.meteo.lt/en_US/miestas?placeCode=Alytus
Clothing	There are no clothing regulations for orienteering, and competitors may wear the clothing of their choice. The organizers recommend that competitors wear long trousers/leg protection.
Media	We welcome all media representatives. For media accreditation and more information please contact Valdas Lėlius e-mail: valdas@ststatyba.lt mob: +370 687 55694
Useful Websites	State Department of Tourism http://tourism.lt/en/ National Tourism Information www.lithuania.travel Alytus tourism information center http://www.alytus-tourism.lt/site/en.html
Useful information	The competition center will have a buffet, a kindergarten. Medical aid is provided in the event center.



Embargoed Areas

Below is an overview of the embargoed areas. Detailed maps of all embargoed areas can be found on the organizer's website http://www.okdainava.lt/category/lt_cup/



The areas marked on the map are embargoed for all orienteering activities, unless specifically permitted by the organizers. The embargoed areas are out of bounds for all potential participants. This means that all potential participants are not allowed to visit these areas with or without a map at all, regardless of whether it is an orienteering activity or a training session, a walk with the dog or a leisurely Sunday stroll.

